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# Direct and indirect selection on floral pigmentation by pollinators and seed predators in a color polymorphic South African shrub

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1 **Direct and indirect selection on floral pigmentation**  
2 **by pollinators and seed predators in a color**  
3 **polymorphic South African shrub**

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10

11 Declaration of Authorship: JEC formulated the original idea, designed the sampling procedures, and  
12 collected the data. KEH developed and implemented the path analysis model and JEC performed  
13 remaining analyses. JEC wrote the manuscript; KEH provided editorial advice.

14 **Abstract**

15 The coexistence of different color morphs is often attributed to variable selection pressures  
16 across space, time, morph frequencies or selection agents, but the routes by which each  
17 morph is favored are rarely identified. In this study we untangle the interactions and trait  
18 pleiotropisms that influence floral color polymorphisms on a local scale in *Protea*, within  
19 which ~40% of species are polymorphic. Previous work shows that seed predators and  
20 reproductive differences likely influence polymorphism maintenance in four *Protea* species.  
21 Here, we explore whether selection acts on floral color directly or indirectly in *Protea aurea*,  
22 using path analysis of pollinator behavior, nectar production, seed predation, color,  
23 morphology, and fitness measures. We found that avian pollinators spent more time on white  
24 morphs, likely due to nectar differences, but this had no apparent consequences for fecundity.  
25 Instead, a single continuous trait underpinned many of the reproductively-important  
26 differences between color morphs: the number of flowers per flowerhead. This trait differed  
27 between color morphs (white had more), and it was also positively correlated with nectar,  
28 seed predation, and fecundity independent of predation. Realized fecundity, in contrast, was  
29 not directly associated with color or any other floral trait, although it covaried with leaf  
30 chlorophyll content, which was higher in white morphs. Thus, although conflicting selection  
31 via predation and higher reproductive potential may promote color polymorphism in *Protea*  
32 *aurea*, the phenotypes targeted by selection are more strongly associated with the number of  
33 flowers per head, leaf chlorophyll content, and their unmeasured correlates, rather than with  
34 flowerhead color itself.

35 *Keywords: anthocyanin; correlational selection; polymorphism; path analysis; Protea aurea*  
36 Abbreviations. SLA: specific leaf area ( $\text{cm}^2 \text{g}^{-1}$ )

## 37 **Introduction**

38 Phenotypic polymorphisms are visually striking examples of the genetic variation that  
39 underlies evolutionary change, and as such, their maintenance has long been of research  
40 interest (e.g., Wright 1943; Haldane 1949; Levene 1953; Levins 1969; Hedrick 1986;  
41 Hedrick 2006). The evolutionary processes that favor polymorphism are diverse, ranging  
42 from selection pressures that vary over space, time, selection agents, or with morph  
43 frequency—i.e., frequency dependent selection—, to heterozygote advantage. Polymorphisms  
44 may also persist without selection if populations are large and mutation between morphs is  
45 frequent (Falconer 1989). Among these processes, the most commonly implicated are  
46 negative frequency dependence (e.g., Greenwood 1985; Barrett 1988; Gigord et al. 2001;  
47 Hiscock and McInnis 2003) and spatially variable selection regimes (Warren and Mackenzie  
48 2001; Galeotti et al. 2003; Whitney and Stanton 2004; Schemske and Bierzychudek 2007).  
49 Variable selection *within* populations may also shape many polymorphisms, such as when the  
50 favored phenotype varies within or among classes of selection agents, often in association  
51 with pleiotropic effects (Jones and Reithel 2001; Strauss and Whittall 2006; Gray and  
52 McKinnon 2007; Rausher 2008).

53 Flower color polymorphisms provide particularly striking examples of how polymorphism  
54 can be maintained variable selection. The coexistence of multiple flower color morphs has  
55 been linked to variability in selection mediated by pollinators, antagonists or environmental  
56 gradients (Strauss and Irwin 2004; Strauss and Whittall 2006; Schemske and Bierzychudek  
57 2007; Caruso et al. 2010). Pollinators are often implicated because their color preferences  
58 may differ among individuals, guilds, over time, or with morph frequency, thereby balancing  
59 the fitness of each color morph (Levin and Watkins 1984; Gegear and Lavery 2001; Gigord  
60 et al. 2001; Jones and Reithel 2001; Eckhart et al. 2006). Like pollinators, herbivores may  
61 discriminate among color morphs (Frey 2004; Johnson et al. 2008), and their feeding

62 preferences may vary among sites, over time, or across taxa (e.g., Irwin et al. 2003; Strauss et  
63 al. 2004; Whitney and Stanton 2004). Together, the effects of pollinators and predators may  
64 ultimately conflict to promote polymorphism within populations, because the plants most  
65 visited by pollinators are likely to produce more food for pre-dispersal seed predators (Irwin  
66 and Strauss 2004; but see Caruso et al. 2010). Finally, variable selection along abiotic  
67 gradients is regularly implicated in the maintenance of flower color polymorphisms, in part  
68 because anthocyanins are linked to increased tolerance of extreme temperatures, pests, soil  
69 infertility, or UV radiation, but their production may also have costs (Koes et al. 1994;  
70 Warren and Mackenzie 2001; Steyn et al. 2002). For example, long-term surveys of  
71 *Linanthus parryae* demonstrate that fluctuating selection associated with rainfall is  
72 contributing to maintenance of a blue-white flower color polymorphism (Epling et al. 1960;  
73 Schemske and Bierzychudek 2001; Schemske and Bierzychudek 2007).

74 As most of the above examples suggest, the targets of the diverse selection pressures  
75 affecting polymorphisms are often not the presence or absence of pigmentation *per se*, but  
76 rather traits associated with pigmentation, either via genetic linkage or pleiotropy. Rigorous  
77 work on *Ipomoea purpurea*, for example, links white morph rarity to the detrimental  
78 pleiotropic effects of a mutation blocking anthocyanin production (Coberly and Rausher  
79 2003; Coberly and Rausher 2008). Significant correlations between pigmented flowers and  
80 other fitness-related traits have been also been documented in other species (e.g.,  
81 *Hydrophyllum appendiculatum*, Wolfe 1993; *Phlox drummondii*, Levin and Brack 1995;  
82 *Lobularia maritima*, Gomez 2000), and selection acting through those traits is broadly known  
83 as indirect, or correlational selection (Gomez 2000; Grey and McKinnon 2007). Together,  
84 these studies illustrate the wide range of selection pressures and pleiotropic effects that likely  
85 contribute to any given polymorphism, yet very rarely are these factors examined in concert  
86 or even in the same species (but see Frey 2004; Caruso et al. 2010; reviewed in Rausher

87 2008). The underlying mechanisms of variable selection and the actual targets of selection for  
88 pollinators and antagonists are unknown for the vast majority of polymorphic plant species.

89 Our previous research on four species of *Protea* in South Africa strongly suggests that  
90 spatially heterogeneous selection associated with seed predators helps maintain the pink to  
91 white inflorescence color polymorphism that is present in 40% of species in the genus  
92 (Carlson and Holsinger 2010). First, pre-dispersal seed predators ate more seed of white than  
93 pink morphs within half of study populations, and in the other half, predation was equal  
94 between morphs. Seed predators eliminated over half of potential seed set in some sites, but  
95 their effects varied with elevation and/or its environmental correlates. Second, pink morphs  
96 had more strongly pigmented stems than white morphs, indicating that differences in  
97 pigmentation extended throughout the plant. Third, seed mass was slightly but significantly  
98 higher in white than in pink morphs across the four species, and seeds of white morphs were  
99 also 3.5 times more likely to germinate. This association probably reflected a trait  
100 pleiotropism, but it could also have been associated with the costs of anthocyanin production  
101 (Steyn et al. 2002). Finally, seed set in the absence of predation was equivalent between color  
102 morphs, suggesting pollinators did not discriminate; however there exists no observational  
103 data on pollinator responses to different *Protea* color morphs, nor are there data on how  
104 nectar production influences bird preferences.

105 In the current study, we build on our previous work by untangling the web of interactions  
106 and trait pleiotropisms that influence floral color polymorphisms on a local scale. We explore  
107 whether polymorphisms are maintained through direct selection or indirect selection on  
108 correlated traits by taking detailed measurements of pollinator behavior, nectar production,  
109 and seed predation in two conspecific *Protea* populations. We then relate these data to floral  
110 color, other plant traits, and ultimately, plant reproductive success, to determine how  
111 selection pressures might interact to contribute to polymorphism maintenance. The local scale

112 of the current investigation complements the broad spatial scale of our previous work and  
113 aims to identify mechanisms that could account for genus-wide patterns. Our focal research  
114 questions are:

115 1. Do pink and white morphs differ in nectar production rates, pollinator preferences, or seed  
116 predation? Does nectar production, bird behavior, or predation intensity vary between sites or  
117 over a flowerhead's lifetime?

118 2. If color morphs differ in biotic interactions or nectar production, are these differences  
119 directly associated with color, or are they mediated by correlations with other floral or  
120 vegetative traits?

121 3. Is floral pigmentation under balancing selection that favors each morph under different  
122 circumstances? If so, is color directly associated with potential or realized fecundity, or are  
123 color and fecundity indirectly related via biotic interactions or correlations with other traits?

## 124 **Methods**

### 125 **Study species**

126 We examined the links between flowerhead color, nectar, pollinators, predators and  
127 correlated traits in two populations of *Protea aurea* (Burm.f.) Rourke subsp. *aurea* in the  
128 Western Cape of South Africa. *Protea aurea* is an upright (up to 4 m), evergreen shrub  
129 endemic to the Langeberg, Outeniqua, and Riversonderend mountain ranges (Rebelo 2001).  
130 We studied *P. aurea* in two sites ~70 km apart in the Langeberg mountains, Marloth and  
131 Garcia's Pass. The elevations of the Marloth and Garcia's Pass sites are, respectively, 239  
132 and 491 m a.s.l. and they receive 882 and 491 mm rainfall annually. While we were on-site,  
133 Marloth received 22.8 mm rainfall (mid-April to mid-May 2010) and Garcia's Pass received  
134 8.4 mm (April 2011; data from adjacent towns; South African Weather Service 2011).

135 As for all other *Protea* species, habit and reproduction in *P. aurea* are associated with the  
136 semi-frequent fires that occur throughout the region (15-40 year intervals; Forsyth and van  
137 Wilgen 2007). Fire kills *P. aurea* adults, and their seeds are released from serotinous  
138 infructescences (henceforth seedheads) to germinate during the next rainy season. In both of  
139 our study sites, stand age was relatively young; Marloth burned in Dec. 2002 and Garcia's  
140 Pass in Jan. 2005. Although aboveground seed storage in *Protea* has the potential to produce  
141 large seed banks over time, seed predators often consume over 60% seeds on the plant  
142 (Carlson and Holsinger 2010). Common pre-dispersal seed predators of *Protea* include the  
143 stem-boring larvae of moths (*Synanthedon*, Sesiidae; *Tinea*, Tineidae; *Argyroploce*,  
144 Olethreutidae) and beetles (*Genuchus hottentottus*, Scarabidae; *Sphenoptera*, Buprestidae;  
145 *Euredes*, Curculionidae; Coetzee and Giliomee 1987a; Coetzee and Giliomee 1987b; Wright  
146 and Samways 1999; Roets et al. 2006). Even when seed predators are absent, however, the  
147 genus as a whole is characterized by low seed to ovule ratios: in *P. aurea*, only 11% of ovules  
148 develop into viable seeds (n=104 plants in three sites; Carlson and Holsinger 2010).

149 The floral biology of *P. aurea* closely resembles that of most *Protea* species. Individual  
150 flowers consist of a solitary ovule, a reduced perianth that is fused with the anthers, and a  
151 single, long style that also serves as a pollen presenter. Nectar is produced by two small  
152 nectaries located within the perianth at the base of each flower. Flowers are grouped onto  
153 broad, cup-like inflorescences attached to woody receptacles, i.e., flowerheads or heads, and  
154 subtended by large, petal-like bracts that range in color from deep pink to pure white. In most  
155 species of *Protea*, flowers are protandrous and development is staggered such that both  
156 sexual phases often co-occur within flowerheads (Collins and Rebelo 1987). In *P. aurea*,  
157 however, all flowers in a head appear to mature and dehisce pollen simultaneously (J.  
158 Carlson, pers. obs.), which may be possible because flowerheads contain relatively few  
159 flowers (70-80). Inflorescence development begins on Day 1, when the bracts spread open,



160 but pollen presenters are not yet exposed. On Day 2, all pollen is dehisced as the perianth  
161 tube snaps away from the pollen presenter, often as a pollinator lands in the flowerhead.  
162 Maximal stigma receptivity occurs at least 1-3 days after the perianth has fallen away, as  
163 evidenced by hand pollination experiments and changes in stigmatic features of various  
164 *Protea* species (Vogts 1971; Van der Walt and Littlejohn 1996; Littlejohn et al. 2001). Our  
165 observations of *P. aurea* suggest that its female phase spans Days 3-4, after which styles  
166 begin to shrivel and turn brown, suggesting they are no longer receptive.

167 *Protea aurea* blooms between January and June, although a few flowerheads may be  
168 present at most times of year (Rebelo 2001). In our study populations, peak flowering was  
169 observed between April and June. In our Garcia's Pass site, flowering overlapped with three  
170 co-occurring bird-pollinated *Protea* species, two of which are also color polymorphic, *P.*  
171 *neriifolia* and *P. repens*, and one species, *P. eximia*, that is not color polymorphic. In our  
172 Marloth site, in contrast, *P. aurea* was the only *Protea* species observed in full flower. Both  
173 populations were dominated by individuals with white-flowerheads. Based on visual surveys  
174 over the course of the study, we estimated pink-morph frequency to be 5-10% at Marloth and  
175 25-30% at Garcia's Pass.

## 176 **Sampling design**

177 **Nectar measurements**—We measured accumulated nectar volumes and sugar  
178 concentrations in the flowerheads of 14-19 pink morphs and the same number of white  
179 morphs in each site (n=64 plants total). To start we bagged two or more unopened  
180 inflorescences (flowerheads) per plant, and as they opened, we randomly assigned them to be  
181 measured on the morning of Day 2 or Day 4. On the assigned morning, we picked the  
182 flowerhead and immediately measured its total length, diameter at base, and counted the  
183 number of flowers per head. We then measured nectar by repeatedly filling a 20  $\mu$ L

184 microcapillary pipette inserted into the base of each flower until all nectar was extracted from  
185 all flowers. We used a refractometer to measure sugar concentration (w/w) after the full  
186 volume was extracted and re-combined. Although the nectars of *P. aurea* and other bird-  
187 pollinated *Protea* are known to contain more glucose and fructose than sucrose (Cowling and  
188 Mitchell 1981; Nicolson and Van Wyk 1998), we were unable measure the relative amounts  
189 of mono- and di-saccharide sugars in the field and provide only the concentration of all three  
190 sugars combined (Kearns and Inouye 1993). We calculated the mass of sugars in the nectar  
191 by first converting sugar concentration to grams of sugar per liter of nectar (Kearns and  
192 Inouye 1993) and multiplying that by nectar volume. We excluded bagged flowerheads that  
193 were open during a rainfall event or from which nectar had leaked or was spilled, which  
194 resulted in a disproportionate loss of Day-4 heads (Day 2=66; Day 4=27).

195 We also measured nectar replenishment rates of individual flowers on seven plants per  
196 color morph in the Marloth study site only. All of the nectar replenishment plants were also  
197 in the nectar accumulation study, although each study used a different set of bagged  
198 flowerheads. We focused on replenishment from 10 AM to 4 PM because peak production  
199 occurred during those hours (J. Carlson, unpublished). To measure replenishment, we  
200 selected and marked two flowers near the center of a newly open flowerhead, and we  
201 sampled them at 10 AM and 4 PM each day for four consecutive days. The first time a flower  
202 was sampled, we cut a small slit in the perianth base and gently inserted a 10  $\mu$ L  
203 microcapillary tube to remove all nectar, after which we rebagged the flowerhead. We  
204 measured the volume and sugar concentration as above. For each subsequent flower  
205 sampling, we used the same slit to minimize perianth damage. We calculated the mean hourly  
206 nectar replenishment rate during day-time hours (10-4) by taking the volume measured at 4  
207 PM, averaged across the two flowers per flowerhead, and dividing it by the six hour

208 replenishment interval. At the end of the 4-day period, we counted flowers per flowerhead  
209 and measured total flowerhead length and diameter at base.

210 **Pollinator preferences**—We video-recorded avian pollinator visits to individual plants  
211 and flowerheads of *P. aurea* for 18 days at Marloth and 20 days at Garcia’s Pass. Each day,  
212 we chose a pair of similarly-sized plants with near-equivalent floral displays that were  
213 growing close together, one with pink flowerheads and the other with white flowerheads. We  
214 avoided plants that were in current use or had been used for nectar measurements within the  
215 last week so as not to disturb pollinators. As a result, we were only able to collect both nectar  
216 and video data from 23 plants, all at Marloth, and 11 of our study plants were recorded twice  
217 (65 plants total). For each recorded plant, we counted all flowerheads and estimated the age  
218 of each flowerhead as Day 1: Pre-male phase, Day 2: Male phase, or Days 3-4: Female phase.  
219 We targeted plants with at least two or three open heads, preferably one of each phase, but  
220 were often limited by what was simultaneously available on a pink and white morph each. At  
221 Marloth, individual displays were larger on average, allowing us to recorded 364 heads total:  
222 84 in Day 1, 57 heads in Day 2, and 223 in Days 3-4. In Garcia’s Pass, the total was lower at  
223 180 (31, 66, and 83 respectively). The two color morphs were recorded simultaneously with a  
224 separate camera for 3-4 h per day, split into two sessions starting at ~9 AM and 2 PM. While  
225 reviewing video data, we identified each avian pollinator that approached the plant, and we  
226 recorded the number of flowerheads visited (*i.e.*, actively fed from) and length of time spent  
227 feeding each flowerhead prior to its departure from the plant. Because we were unable to  
228 distinguish most female sunbirds in the video, we grouped all sunbird visitors together, but  
229 otherwise we recorded species identity whenever possible. Although bees were also seen  
230 visiting flowerheads, we did not quantify their visits because they were difficult to track and  
231 they are unlikely to be effective pollinators of *P. aurea* (J. Carlson, pers. obs.).

232       **Seed predation**—We examined rates of infestation and damage in 92 *P. aurea* color  
233 morphs from both of our study sites. Our sampling included most of the plants sampled for  
234 nectar (49), half of those sampled for video (32), and 24 additional plants. From each plant,  
235 we collected 3-5 seedheads that were 2-3 years old. After seedheads dried to opening, we  
236 counted the number of seed that were undamaged and contained endosperm. All heads were  
237 then were coded as with or without evidence of infestation, i.e., presence of a larva, frass, or  
238 damage to the seedhead base or interior. We also counted the number of flower attachment  
239 points on a photograph of the dried receptacle, which corresponds to the number of flowers  
240 counted on fresh heads. Occasionally, receptacles were too damaged for flower counts (20%  
241 of all heads), but most had little to no damage (60%) or had enough of the base intact for  
242 reliable estimates (20%); infested heads with some versus no visible damage had similar  
243 mean flowers per head, confirming count reliability (J. Carlson, unpublished). Finally, we  
244 calculated the percent of heads infested as the number of seedheads that showed evidence of  
245 infestation divided by the total number of seedheads examined. The degree of damage was  
246 estimated as the number of seeds present in undamaged minus damaged seedheads.

247       **Whole-plant measurements**—We collected morphological and performance-related data  
248 on all 92 of the plants measured for seed predation, thereby including many of the nectar  
249 and/or video plants. On each plant, we counted growth intervals as an estimate of plant age,  
250 measured total plant height, and counted the number of seedheads and flowerheads as an  
251 estimate of current and past investment in reproduction and pollinator attraction (henceforth  
252 total heads per plant). We also weighed all undamaged seeds from the dried seedheads  
253 collected for seed predation measures, and calculated for each plant the mean mass of a single  
254 seed. Finally, we estimated both potential and realized maternal fecundity by multiplying the  
255 number of heads per plant by the number of seed per head. Potential fecundity was based on  
256 seed counts only in uninfested heads, whereas realized fecundity was based on all examined

257 heads. These values serve as an estimate of the total number of seeds produced over the  
258 plant's lifetime thus far, i.e., long-term fecundity. On a subset of nectar plants at Garcia's  
259 Pass only, we collected from each plant a single, fully expanded leaf from last-year's growing  
260 season. On this leaf, we measured specific leaf area (leaf area divided by leaf mass in  $\text{cm}^2\text{g}^{-1}$ ;  
261 SLA) and an index of leaf chlorophyll content with the hand-held CCM-200 plus (Opti-  
262 Sciences), averaging two CCM measurements per leaf.

### 263 **Statistical analyses**

264 **Q1: Are there differences in nectar, pollinators, and seed predators between colors,**  
265 **sites, and over time?**—We compared rates of nectar accumulation and replenishment in  
266 flowerheads of pink and white morphs in linear mixed models with color, day of  
267 measurement, and their interaction as fixed effects. For nectar accumulation, we also  
268 included the fixed effects of site and its interactions. Random effects were source plant,  
269 sampling date and estimated age, which controlled for ontogenetic differences. We used a  
270 similar model to compare nectar replenishment rates between 10 and 4 PM at Marloth, except  
271 that we made adjustments to account for repeated measures on the same flowers over time  
272 (repeated statement in Proc MIXED, type=ar(1)). We performed two pre-planned contrasts to  
273 compare nectar replenishment in male-phase heads (Day 2) to that of each age class of  
274 female-phase heads (Days 3 and 4). For the above replenishment and accumulation analyses,  
275 we compared rates of nectar production in terms of nectar volumes ( $\mu\text{L}$  nectar), mass of  
276 sugars (mg sugars), and sugar concentration (w/w).

277 We ran two additional nectar analyses to determine first, whether nectar accumulation or  
278 refill rates were also associated with traits of the measured flowerheads, and second, whether  
279 the two nectar measures were correlated. For the first analysis, we used linear mixed models  
280 with the same fixed and random effects as above, with the added covariates of the individual  
281 flowerhead's length and flowers per head. We did not include flowerhead base diameter in

282 any analyses because it was tightly correlated with flowers per head (Pearson's  $R=0.67$  for  
283 117 flowerheads). For the second analysis, we tested the correlation between nectar  
284 accumulation (predictor) and nectar replenishment (response) in a MIXED model that  
285 accounted for repeated measures on flowerheads within plants, and also included the random  
286 effects of day of measurement, the number of flowers per head, color, and color  $\times$  day.

287 We compared avian pollinator behavior on pink and white morphs using repeated-  
288 measures mixed and generalized linear mixed models on pollinator visit rate and visit  
289 duration. We performed separate analyses on data collected at the per-plant and per-  
290 flowerhead levels. In the per-plant analysis, visit rate was the was number of times a bird  
291 arrived to a plant and visited at least one head prior to departure, and visit duration was the  
292 number of seconds spent feeding from a head, averaged across all heads visited during the  
293 recording session. In the per-flowerhead analysis, visit rate was the number of visits to an  
294 individual flowerhead, and visit duration was the mean time spent feeding from that  
295 flowerhead. Fixed effects for per-plant analyses were site, morph color, time of day (AM or  
296 PM), and interactions. Fixed effects in the per-flowerhead analyses were site, color,  
297 flowerhead age (1, 2 or 3-4 days old), and interactions. Time of day was a random effect in  
298 per-flowerhead analyses because visit rates to individual heads were too low for within-day  
299 comparisons. In both per-plant and per-flowerhead analyses of color preferences, visit rate  
300 was modeled using a Poisson distribution. Visit duration required a square-root  
301 transformation to normalize residuals in the per-flowerhead analysis. In all models, we  
302 included random effects accounting for repeated measures on the same plant or flowerhead in  
303 the morning and afternoon (SAS 9.3; GLIMMIX manual, Littell et al. 2006; SAS Institute  
304 Inc. 2008). We also included in both models the random effects of sampling date, the number  
305 of flowerheads per plant, and interactions between sampling date and color.

306 We compared the effects of seed predators on pink versus white morphs in both sites using  
307 two models, one for probability of infestation, and the other for seeds lost due to predation,  
308 i.e., degree of damage. For probability of infestation, we used a binary indicator of infestation  
309 status as the response and morph color, site, and their interaction as fixed effects. For the  
310 degree of damage, we used the number of intact, endosperm-containing seeds plant as the  
311 response. Fixed effects were morph color, site, infestation status, interactions, and the  
312 covariate of flowers per head to control for differences in flowerhead size. Source plant was a  
313 random effect in both models. Seed counts were modeled with a negative binomial  
314 distribution, which is appropriate for count data with overdispersion (Littell et al. 2006). Our  
315 analyses of seed predator effects are like those in Carlson and Holsinger (2010) except that  
316 here we used seed counts rather than seed set (fertile seeds/flowers per head) because flowers  
317 per head was a predictor in subsequent models. All statistical analyses for Question 1 were  
318 performed in SAS 9.3 in PROC MIXED or PROC GLIMMIX with Kenward-Rogers  
319 adjustments to degrees of freedom.

320 **Q2: Are differences in nectar, pollinators and seed predators directly associated with**  
321 **color or a result of correlations with other plant traits?**—We used path analysis to assess  
322 whether color is directly or indirectly associated with differences in nectar, pollinators or seed  
323 predators. Path analysis is appropriate because it makes possible the unraveling of direct and  
324 indirect effects across multiple variables, yet because the focus is on statistical associations  
325 rather than experimental manipulations, significant effects do not necessarily indicate causal  
326 relationships (Mitchell 1993; Shipley 1999). This approach is often used among studies of  
327 plant-animal interactions and selection on plant traits, especially in recent decades (Gomez  
328 2000, 2003; Mothershead and Marquis 2000; Hamback 2001; Cariveau et al. 2004). To  
329 construct our model, we hypothesized that nectar production, pollinator behavior, seed  
330 predation could be directly associated with color, and/or they could be indirectly associated

331 with color through one or more of the following core covariates: plant height, number of  
332 heads per plant, mean number of flowers per head, and fresh flowerhead length. Because  
333 these correlations were central to the path analysis, we used only the 92 plants for which all  
334 four covariates were measured. Plant age was not included in the path analysis because it was  
335 strongly correlated with total heads per plant ( $R=0.63$ ) and height ( $R=0.86$ ).

336 Our path model included both continuous and binary variables. To analyse the model we  
337 constructed a directed acyclic graph (Spiegelhalter et al. 1996) representing the structural  
338 relationships among variables and specified regression relationships among them, using a  
339 logistic link for binary response variable. We implemented the model in JAGS v2.1.0  
340 (Plummer 2003) using vague normal priors (mean=0, precision=0.1) on regression  
341 coefficients and gamma priors (0.1, 0.1) on variance parameters. We used a multivariate  
342 normal prior with mean vector 0 as the prior for the four core covariates mentioned above and  
343 a latent logistic variate associated with the binary covariate color. We used a Wishart (I, 7)  
344 prior on the precision matrix of the multivariate normal.

345 We constructed two path analysis models, one full and one reduced, to test the  
346 estimate relationships between color, covariates, nectar, pollinators, and seed predation. The  
347 full and reduced path models also included relationships with fecundity and seed mass; these  
348 components are described in Question 3. In the full model, we simultaneously examined the  
349 effects of color, site, color  $\times$  site and plant traits on each of the following response variables:  
350 nectar accumulation by Day 2, the percent of heads infested, the degree of seed predator  
351 damage, pollinator visit rates, and visit durations. For pollinator behavior, we used mean  
352 hourly visit rate and mean visit duration for each plant as response variables, averaged over  
353 AM and PM recording sessions. We included nectar accumulation as an additional fixed  
354 effect on both pollinator-related responses. We square-root transformed the response  
355 variables of nectar accumulation and pollinator visit duration to meet assumptions of



356 normality. Comparisons involving degree of damage included seed counts in undamaged  
357 heads as an additional covariate, to adjust for fecundity differences not associated with  
358 predation. In the same path model, we examined the reciprocal correlations between each pair  
359 of plant traits or each plant trait and color. We did not examine direct relationships between  
360 pollinators and seed predators, because these organisms are unlikely to influence each other  
361 directly, given their non-overlap in space and time within flowerheads. For similar reasons,  
362 we did not examine direct effects of nectar production on seed predation. Because nectar was  
363 measured on only 23 of the video plants, nectar values were imputed as part of the analysis  
364 for the remaining plants in the analysis, using the four covariates as well as site and color  
365 effects as predictors (Rubin 1976; Yuan 2000; Evans et al. 2010). These imputations made it  
366 possible to directly compare nectar to pollinator visits, but they also weakened our ability to  
367 detect correlations between nectar, color, and covariates. We therefore included a separate  
368 path in the model allowing us to examine these nectar correlations while excluding the  
369 imputed data.

370 The large number of variables in the full model severely limited our statistical power, so  
371 we constructed a reduce model and then compared their model fits, using the DIC criterion  
372 (Spiegelhalter et al. 2002). The variable reduction technique we chose *a priori* was to  
373 eliminate all non-significant variables with credible intervals in which the absolute value of  
374 the upper interval was less than twice the absolute value of the lower interval, or vice versa.  
375 We retained the four core covariates, and we retained any main site or color effects for which  
376 corresponding interaction effects were included. This resulted in the elimination of 34 of the  
377 95 focal comparisons. Because the performance of the reduced model was far superior to that  
378 of the full model (DIC of 1557 vs. 1726 respectively), we report only the results from the  
379 reduced model.

380 We were also interested in the effects of two additional traits –specific leaf area (SLA) and  
381 leaf chlorophyll content– on color and the focal responses. These two leaf traits could not be  
382 included in the full path analysis because of sample size limitations, so we instead ran  
383 separate analyses to examine their relationships with other traits, with color, and with two  
384 response variables: per-plant means of nectar production and percent infestation. We could  
385 not compare leaf traits to pollinator behavior because the datasets did not overlap, nor could  
386 we use degree of damage because it was inestimable in all but five plants. We used ANOVAs  
387 to explore differences in mean leaf trait values between pink and white morphs. We then  
388 performed two multiple regressions, one each for nectar accumulation and percent infestation  
389 as response variables, using the two leaf traits as predictors. Square-root or log  
390 transformations were used as needed on response variables to improve normality of residuals.  
391 Finally, we assessed all pair-wise relationships between leaf traits and covariates.

392 **Q3: Is floral pigmentation under balancing selection, and if so, is selection direct or**  
393 **indirect via biotic interactions or correlations with other plant traits?**— We used the  
394 same path analysis to examine plant fitness of pink and white morphs and to explore trait  
395 correlations or biotic interactions were involved in favoring each morph. A benefit of path  
396 analysis in this context is that its coefficients are equivalent to selection gradients, i.e., the  
397 direct selection coefficients independent of trait correlations (Lande and Arnold 1983). We  
398 measured fitness with two metrics: potential maternal fecundity—*i.e.*, excluding losses to seed  
399 predators— and realized maternal fecundity. Seed mass was included with the fecundity  
400 measures because it was previously shown to underlie differences in seed germinability  
401 (Carlson and Holsinger 2010).

402 In this portion of the path analysis model, we examined linkages for seed mass and  
403 potential fecundity, but tested only a subset of those for realized fecundity. For seed mass, we  
404 examined its effects on biotic interactions, nectar, and potential fecundity, as well as its

405 relationships with site, color, color  $\times$  site, and the four trait covariates. For potential  
406 fecundity, we examined the effects of site, color, color  $\times$  site, covariates, seed mass, nectar,  
407 pollinator visit rates, and visit durations. For realized fecundity, we examined only the effects  
408 of potential fecundity, percent infestation and degree of damage. Potential fecundity was log  
409 transformed and seed mass was square-root transform to normalize the residuals. We imputed  
410 missing data for potential fecundity, seed mass, visit rates, and visit durations as above.  
411 Throughout, we used imputed values only when they were predictors in a comparison; data  
412 used for response variables were limited to actual measurements.

413 Outside of the path model, we tested for fecundity differences associated with SLA or  
414 chlorophyll content measured in Garcia's Pass only. We compared the effects of both leaf  
415 traits on the responses of realized fecundity (log transformed) and seed mass. Comparisons  
416 could not be made using potential fecundity because these data were inestimable for over a  
417 third of plants with chlorophyll data, due to 100% of their seedheads showing evidence of  
418 predation. These tests of fecundity differences were performed in Proc MIXED (SAS 9.3)  
419 with color as a random effect.

## 420 **Results**

### 421 **Q1: Are there differences in nectar, pollinators, and seed predators between** 422 **colors, sites, and over time**

423 **Nectar measurements**—The volume of nectar accumulated in *P. aurea* flowerheads was  
424 significantly greater in white relative to pink color morphs, and this difference was not  
425 specific to either site or day of measurement (Fig 1A; color:  $F_{1,78}=6.6$ ,  $P=0.01$ ; all  
426 interactions with color:  $F<0.59$ ,  $P>0.45$ ). There was also more nectar accumulated in  
427 flowerheads by Day 4 than by Day 2, but significantly so only in the Garcia's Pass site (day:  
428  $F_{1,42}=82.6$ ,  $P<0.0001$ ; site:  $F_{1,85}=33.4$ ,  $P<0.0001$ ; day  $\times$  site:  $F_{1,39}=42.6$ ,  $P<0.0001$ ).

429 Per-flower nectar replenishment rates at Marloth also varied over time, and again, white  
430 morphs replenished nectar at a higher hourly rate than did pink morphs (Fig 1B; color:  
431  $F_{1,12}=9.7$   $P=0.009$ ; day:  $F_{3,47}=9.9$ ,  $P<0.0001$ , color  $\times$  day:  $F_{3,48}=0.23$ ,  $P=0.87$ ). Mean daily  
432 male-phase replenishment (Day 2) was significantly higher than mean daily replenishment in  
433 either day of the female phase (Day 3:  $F_{1,42}=2.5$ ,  $P=0.02$ ; Day 4:  $F_{1,58}=5.4$ ,  $P<0.0001$ ).

434 For all accumulation and nectar replenishment rate analyses, the patterns of significance  
435 for mass of sugars (results not shown) were equivalent to those observed for volume of  
436 nectar. This was not the case for mean concentration of sugars, however, which was not  
437 significantly related to color, day, or any interactions for nectar replenishment ( $F<3.1$ ,  
438  $P>0.09$ ) or for nectar accumulation ( $F<1.8$ ,  $P>0.17$ ). The percent sugars in accumulated  
439 nectar differed between sites, however ( $F_{1,47}=11.5$ ,  $P=0.002$ ). In the nectar accumulation  
440 study, sugar concentration was  $15.0 \pm 0.36$  (w/w: mean  $\pm$  SE,  $n=44$ ) for Marloth and  $17.9 \pm$   
441  $0.48$  ( $n=49$ ) for Garcia's Pass. Percent of sugars in replenished nectar, averaged over the 4  
442 days of measurement, was  $13.7 \pm 0.4$  ( $n=155$ ) for Marloth.

443 In the re-analysis of nectar data that included two floral traits as covariates, we found that  
444 nectar volumes increased with increasing numbers of flowers per head, as measured by both  
445 per-flowerhead accumulation ( $F_{1,84}=5.5$ ,  $P=0.02$ ) and per-flower replenishment ( $F_{1,15}=4.5$ ,  
446  $P=0.05$ ). The total length of each flowerhead (from pedicel to style tips) was also positively  
447 correlated with nectar accumulation rates ( $F_{1,85}=5.4$ ,  $P=0.02$ ), but flowerhead length was not  
448 detectably related to replenishment ( $F_{1,21}=0.0$ ,  $P=0.98$ ). For the nectar accumulation model,  
449 color was no longer a significant predictor when covariates were included ( $F_{1,75}=0.80$ ,  
450  $P=0.37$ ). Otherwise, the patterns detected previously for accumulation and replenishment  
451 were unchanged. Finally, our test of correlation between the two nectar measures revealed  
452 that plants accumulating nectar at higher rates were also replenishing nectar at significantly  
453 higher rates ( $F_{1,9}=8.25$ ,  $P=0.02$ ).

454 **Pollinator preferences**—We observed 701 avian pollinator visits to *P. aurea* over 243  
455 hours of video in both sites combined (Table 1). The dominant visitors were sunbirds,  
456 responsible for over three-fourths of observed visits, and the most frequently identified  
457 among them was the Orange-breasted Sunbird, a Western Cape endemic. The Cape  
458 Sugarbird, another endemic, was of lesser importance in both Marloth in Garcia’s Pass,  
459 making <15% of visits to flowerheads.

460 In both sites, pollinators made longer-lasting visits to white relative to pink morphs, but  
461 the numbers of visits to each morph were similar (Table 2, Fig 2). The increased amount of  
462 time spent in white morphs was detected in both the per-plant and per-flowerhead analyses  
463 (Figs 2A-B), although color differences at the per-flowerhead level were only significant in  
464 Day-1 heads in Marloth (Tukey-adjusted  $P=0.048$ , Fig 2B). Birds also made longer visits to  
465 flowerheads in the afternoon vs. morning recording session (Fig 2A), and they also made  
466 longer visits to heads aged to Day 2 vs. Days 3-4, but only for white morphs at Garcia’s Pass  
467 (Tukey-adjusted  $P=0.03$ , Fig 2B). The numbers of visits made to flowerheads and plants, in  
468 contrast, were not related to flowerhead color or time of recording session, although they  
469 were significantly higher in Marloth (Figs 2C-D, Table 2). In Marloth, fewer plants were left  
470 unvisited as well: 92% of all recorded plants were visited at least once at Marloth, relative to  
471 only 65% at Garcia’s Pass. Visit rates to individual flowerheads were also greater to  
472 flowerheads aged to Day-2 relative to Days-3-4 (Tukey-adjusted  $P=0.005$ , Fig 2D), and this  
473 could not be attributed to their relative frequency, since Day-3-4 heads were the most  
474 recorded in both sites.

475 **Seed predation**—*Protea aurea* color morphs did not differ in either the probability or  
476 degree of infestation, and this was consistent across both study sites (Table 3). Our analysis  
477 of per-seedhead seed counts revealed that infested seedheads contained significantly fewer  
478 seeds than did uninfested seedheads. Even so, none of the interactions with infestation status

479 were significant, indicating that there were no site- or color-specific differences in the degree  
480 of damage (Table 3).

481 **Q2: Are differences in nectar, pollinators and seed predators directly**  
482 **associated with color or do they result from correlations with other plant**  
483 **traits?**

484 The path analysis revealed that flowerhead color was not directly related to any of the  
485 three responses of interest, *i.e.*, nectar production, pollinator behavior, or seed predation.  
486 Color was significantly associated with one covariate, however, the number of flowers per  
487 head (Fig. 3A, Table S1). In fact, it was this covariate rather than color that showed  
488 significant associations with two of the three focal responses: plants with more flowers per  
489 head had higher infestation rates and, unsurprisingly, higher nectar accumulation per  
490 flowerhead. The correlation with nectar was nevertheless only evident in the path model  
491 when imputed nectar data were excluded (Fig. 3A). We did not detect significant associations  
492 with nectar (Fig. 3A, Table S1), nor did we detect a direct relationship between pollinator  
493 behavior and nectar accumulation rates (Figure 3A). We did, however, detect two additional  
494 correlations that involved covariates: (1) plant height was positively associated with the  
495 number of flowers per head and (2) plants with shorter heads had higher rates of infestation.  
496 Pollinator visit rates and durations were not detectably associated with any variable except  
497 that visit rates differ significantly between sites (Fig 3A, Table S1). Although we only  
498 present results from the reduced path model, those from the full path model were very similar  
499 (Table S2).

500 In the analyses of leaf trait correlations performed outside the path model, we detected  
501 significant correlations involving both leaf chlorophyll content and SLA in Garcia's Pass.  
502 White morphs had thinner or less dense leaves (higher SLA;  $F_{1,50}=6.9$ ,  $P=0.01$ ) and higher  
503 levels of chlorophyll, although the chlorophyll difference was only marginally significant  
504 ( $F_{1,11}=4.27$ ,  $P=0.06$ ). Chlorophyll content was also significantly higher in plants with higher

505 rates of nectar accumulation ( $F_{1,9}=5.6$ ,  $P=0.04$ ), yet SLA did not covary with nectar  
506 ( $F_{1,9}=0.19$ ,  $P=0.67$ ). Neither chlorophyll index nor SLA were significantly correlated with  
507 percent infestation ( $P>0.28$ ). Finally, chlorophyll index and SLA were not significantly  
508 related ( $P>0.10$ ) nor did either covary significantly with any of the four covariates in pairwise  
509 comparisons ( $P>0.15$ ).

510 **Q3: Is floral pigmentation under balancing selection, and if so, is selection**  
511 **direct or indirect via biotic interactions or correlations with other plant traits?**

512 In the selection component of the path analysis, we detected no direct selection on color  
513 through differences in seed mass, potential fecundity, or realized fecundity. Instead, each  
514 fecundity measure was significantly associated with at least one covariate or biotic interaction  
515 and realized selection on color arose as a correlated response (Fig 3B, Table S1). Seed mass  
516 was higher in plants with longer flowerheads, and it was higher in plants with higher rates of  
517 infestation (Fig 3B). There were also differences in the mean seed mass between sites  
518 (Garcia's Pass:  $37 \pm 0.6$  mg, Marloth:  $27 \pm 0.5$  mg). Potential fecundity was positively  
519 associated with both the number of heads per plant and the number of flowers per head, and it  
520 was negatively associated with seed mass. Realized fecundity, in turn, was strongly positively  
521 correlated with potential fecundity, but was negatively correlated with both percent  
522 infestation and degree of damage. The link between predation and realized fecundity provides  
523 a route by which plants with more flowers per head, *-i.e.*, usually white morphs-, are  
524 disfavored by predator-mediated selection (selection coefficient: -0.58; Fig. 3B). Those same  
525 plants are nevertheless favored in the absence of predation, through the links between  
526 potential fecundity, realized fecundity, and flowers per head (selection coefficient: 0.22).  
527 There were no significant links connecting fecundity measures to pollinator behavior or  
528 nectar accumulation.

529 Outside of the path model, chlorophyll index was significantly positively correlated with  
530 realized fecundity ( $F_{1,10}=6.45$ ,  $P=0.03$ ), but it was not detectably related to seed mass

531 ( $F_{1,10}=0.03$ ,  $P=0.87$ ). Specific leaf area was not significantly correlated with realized  
532 fecundity ( $F_{1,10}=0.02$ ,  $P=0.89$ ) or with seed mass ( $F_{1,10}=2.76$ ,  $P=0.13$ ).

## 533 **Discussion**

### 534 **Nectar production and pollinator behavior differ between color morphs and** 535 **over time**

536 **Nectar**—Nectar production in our *P. aurea* study populations varied notably between  
537 sites, between color morphs, and over time within flowers and heads. Color-specific  
538 differences in nectar have not previously been examined in *Protea*, nor, to our knowledge,  
539 have they been demonstrated previously in any plant species (c.f. Galen and Kevan 1980;  
540 Waser and Price 1981; Stanton 1987; Elam and Linhart 1988; Eckhart et al. 2006). Research  
541 on *Protea* nectars has typically focused on the types and composition of sugars (Cowling and  
542 Mitchell 1981; Nicolson and Van Wyk 1998; Nicholson and Thornburg 2007) or its energetic  
543 value to avian pollinators (Mostert et al. 1980; Calf et al. 2003b) and has largely ignored  
544 nectar dynamics within species. Our detailed measurements in *P. aurea* indicate that nectar  
545 variability is related to at least three traits or conditions: flowerhead color, the number of  
546 flowers per head, and flowerhead age or gender. White flowerheads have higher rates of  
547 nectar accumulation, but this is predominantly because they contain more flowers than do  
548 pink flowerheads. Nectar replenishment, in contrast, is dependent on both flowerhead color  
549 and flowers per head. In other words, heads with higher flower counts not only have more  
550 nectaries, which would logically allow for more nectar overall, but they also have higher  
551 replenishment rates per nectary within a flower. Such positive associations between nectar  
552 production and floral size or display have been observed across a wide range of taxa  
553 (Ashman and Stanton 1991; Cresswell and Galen 1991; reviewed in Delph 1996), and in  
554 some cases, they may have a genetic component (e.g., Worley and Barrett 2000) as is  
555 sometimes shown for nectar variability in general (Zimmerman and Pyke 1986; Hodges



556 1993; Boose 1997; Vogler et al. 1999; Mitchell 2004). In *P. aurea*, the observed correlations  
557 between flowers per head and nectar may in part reflect environmentally-driven differences  
558 in plant condition or resource status (Rathcke 1992; Rausher 1992; Campbell 1996;  
559 Nicholson and Thornburg 2007), yet given that replenishment rates differ between colors  
560 independent of flower counts, pleiotropic effects between color, or some covariate, and nectar  
561 are also likely involved.

562 Daily nectar replenishment in *P. aurea* was not only slightly biased towards white, but it  
563 was also greater in the male relative to female phase. Male-biased nectar production has been  
564 observed across a wide range of plant taxa (e.g., Bell et al. 1984; reviewed in Cruden et al.  
565 1983; Carlson and Harms 2006), but this is the first suggestion of such a pattern in the  
566 Proteaceae. Although gender-biases may be present in other *Protea* species, it is also possible  
567 that *P. aurea* is unique, given that its rapid, synchronous flower development within heads is  
568 documented nowhere else in the genus (Rebelo, pers. comm). Patterns of nectar  
569 accumulation, unlike those for replenishment, provide less clear evidence for nectar biases  
570 between gender phases. In Marloth, nectar volumes barely increased between Day-2 and  
571 Day-4, whereas in Garcia's Pass, the volumes more than doubled in both color morphs.  
572 Surprisingly, nectar differences between the two sites appeared to be unrelated to plant water  
573 status, as might otherwise be expected (Zimmerman 1983; Carroll et al. 2001; Nicholson and  
574 Thornburg 2007). Nectar accumulation by Day 4 was far higher in the plants in the drier site,  
575 Garcia's Pass. Because populations were sampled in different years, it is impossible to  
576 disassociate year from current weather from genetic effects; even so, genetically-based site  
577 differences are possible, given that neutral microsatellite markers show some divergence  
578 between these two sites (Prunier & Holsinger, unpublished data).

579 A comparison of our accumulation and replenishment data suggests that removing nectar  
580 actually increases the net amount of nectar produced. If we assume production is constant

581 across all flowers per head, twice-drained flowerheads should produce an estimated volume  
582 of 4.0 mL  $\pm$  0.81 SE by Day 2, which is far less than the 0.96 mL  $\pm$  0.21 that accumulated in  
583 Day 2 flowerheads from the same plants at Marloth. The positive feed-back pattern of  
584 removal stimulating extra production is often –but not always– observed in nectar studies  
585 using similar techniques (Castellanos et al. 2002; Ordano and Ornelas 2004), and in some  
586 cases, differences may be associated with nectar reabsorption, as was shown for another  
587 member of the Proteaceae (Nicolson 1995). Detailed studies of nectar regulation in *Protea*  
588 would be valuable for clarifying the causes and potential costs of elevated production rates  
589 following removal.

590 **Pollinators**—When nectar rewards differ consistently among plants or over time, as for *P.*  
591 *aurea* color morphs, the foraging preferences of pollinators often match those differences  
592 (e.g., Melendez-Ackerman et al. 1997; Jones and Reithel 2001; Carlson 2008). The longer  
593 visits that sugarbirds and sunbirds made to white *P. aurea* flowerheads are consistent with  
594 nectar differences between morphs, although our subsequent path analysis on per-plant means  
595 failed to detect such a link. The higher visit rates and, to a limited extent, visit durations to  
596 male-phase heads (Day-2) also indicate that pollinators are tracking rewards on a head-by-  
597 head basis. Increased visit rates and visit durations with higher rewards are commonly  
598 observed across pollinating taxa (Zimmerman 1983; Melendez-Ackerman et al. 1997; Aizen  
599 and Basilio 1998; Carlson 2007; Carlson 2008; but see Lara and Ornelas 2002) and may even  
600 form in the absence of visual cues (Miller et al. 1985; Hurly 1996; Irwin 2000). Even so,  
601 nectar differences in our study are confounded with differences in color and morphology,  
602 such that we cannot rule out the possibility that pollinators are responding something other  
603 than nectar. Color preferences are widespread in pollinating animals and insects, even in the  
604 absence of known nectar differences (Mogford 1974; Waser and Price 1981; Stanton 1987;  
605 Melendez-Ackerman and Campbell 1998; Schemske and Bradshaw 1999). For example, in

606 *Raphanus sativus*, nectar production does not differ among color morphs yet honey bees  
607 consistently favor white or yellow morphs and syrphid flies prefer pink morphs (Stanton  
608 1987). Although the results of our path model (discussed further below) failed to detect an  
609 association between pollinator behavior and color or any other measured floral trait, these  
610 findings are quite preliminary; experimental manipulations are required to fully disassociate  
611 the effects of floral traits and nectar on pollinator response (e.g., Carlson 2007).

612 Independent of color and floral phase, *P. aurea* plants in Marloth received three times as  
613 many pollinator visits as those in Garcia's Pass. These striking differences cannot be  
614 explained within the scope of our study, because our data are confounded by two factors  
615 influencing bird behavior: local environment and year of sampling (e.g., Gill and Wolf 1977;  
616 Symes et al. 2001; Calf et al. 2003a). We suggest, however, that among the factors that differ  
617 between our sites, population size and the presence co-flowering species may be key. The  
618 Marloth population was fairly small (~0.25 km<sup>2</sup>) with no co-flowering *Protea* species,  
619 whereas the Garcia's Pass stand extended in a nearly continuous band for over 10 km and  
620 was intermixed with co-flowering *P. neriifolia* and *P. eximia*. As a result, *P. aurea* plants at  
621 Garcia's Pass likely experienced high levels of intra- and inter-specific pollinator  
622 competition, whereas those at Marloth experienced less competition but were still sufficiently  
623 abundant to attract pollinators (e.g., Zimmerman 1981; Campbell 1985; Field et al. 2005).  
624 Pollinator competition may be particularly detrimental to *P. aurea* because its nectar rewards  
625 are lower than many of its co-occurring congeners, including *P. eximia*, *P. repens*, and  
626 bearded proteas *P. grandiceps*, *P. coronata*, *P. neriifolia*, and *P. laurifolia* (Calf et al. 2003b,  
627 Nicholson and Thornburg 2007). Possibly as a result of nectar differences, Calf et al.  
628 (2003a,b) found that Cape Sugarbirds visited bearded proteas more often than *P. aurea* and  
629 sister species, even though *P. aurea* and *P. mundii* were more abundant in their study site.

630       **Seed predators**—Unlike the current study that revealed no predator biases between  
631 colors, our previous work on four *Protea* species showed that seed predators consumed a  
632 significantly smaller fraction of seed output in pink relative to white morphs in half of our  
633 study populations (Carlson and Holsinger 2010). We suggested that decreased damage on  
634 pigmented morphs, when it occurred, was potentially due to differences in secondary  
635 chemistry and anti-herbivore compounds (e.g., Fineblum and Rausher 1997; Irwin et al.  
636 2003; Strauss et al. 2004; Johnson et al. 2008; Hanley et al. 2009). We were less able to  
637 explain the absence of predator preferences in other sites, although unidentified gradients in  
638 seed predator communities or environments may be involved (J. Carlson, unpublished). In  
639 both of the current study sites, seed predators did not preferentially attack or consume seeds  
640 of white morphs, which is unsurprising for Marloth, since Carlson and Holsinger (2010)  
641 found no differences there either. Although preferential attack between colors was not  
642 observed and therefore cannot be linked with other traits, we suggest that the trait correlations  
643 revealed in Question 2 help illuminate how gradients in predator effects may function across  
644 *P. aurea* populations.

645       **Variation in floral display size explains differences in biotic interactions and**  
646       **nectar better than color per se**

647       Although current data show that pollinator behavior (this study), nectar production (this  
648 study), and seed predation (Carlson and Holsinger 2010) all differ between *Protea* color  
649 morphs, we found that none of these factors were directly associated with color independent  
650 of correlations with other traits. For nectar, accumulation rates were directly linked to flowers  
651 per head and only indirectly related color. For pollinators, color was a significant predictor of  
652 behavior only when covariates were not included, possibly due to reduced statistical power in  
653 the path model or to weak associations between pollinator responses and other variables,  
654 which may have obscured color effects. For seed predators, infestation rates were higher in  
655 plants with shorter flowerheads, higher flower counts, and heavier seeds, but we did not

656 detect any differences directly associated with color. These intriguing correlations with  
657 infestation rates provide clues into how *Protea* seed predators choose which plants or  
658 flowerheads to attack (see also Gomez 2003; Cariveau et al. 2004; Strauss and Irwin 2004;  
659 Caruso et al. 2010;), and they provide an indirect route by which flowerhead color and  
660 predation could occasionally be linked. If seed predators target heads that have more flowers  
661 (or heavier seeds), but the correlation between color and flower counts (or color and seed  
662 mass; c.f. Carlson and Holsinger 2010) varies in strength among sites, then color-specific  
663 seed predation would contribute to heterogeneity among sites. Similarly, variation in seed  
664 predator communities or strength of preferences may also promote cross-site heterogeneity  
665 (Carlson and Holsinger 2010). Such explanations are only possible, however, if correlations  
666 between seed or flowerhead size and color are recurrent, due to either costs of pigmentation  
667 or a genetically-based trait pleiotropism. Although costs of pigmentation are possible (Steyn  
668 et al. 2002), we deem trait pleiotropisms a more probable explanation.

669 Pleiotropic relationships between floral color and other floral and vegetative traits appear  
670 to be common among flowering plants (Armbruster 2002), although the biosynthetic  
671 pathways are often not well understood (but see Coberly and Rausher 2003; Coberly and  
672 Rausher 2008; Streisfeld and Rausher 2009). In *P. aurea*, we detected differences between  
673 color morphs in one floral trait and two leaf traits: the number of flowers per head, SLA  
674 (Garcia's Pass only), and leaf chlorophyll index (Garcia's Pass only). A reduction in floral  
675 display size of pigmented relative to unpigmented morphs has been observed in several other  
676 polymorphic species (e.g., Wolfe and Sellers 1997; Gomez 2000; Frey 2007), although the  
677 inverse pattern of larger floral displays in pigmented morphs is detected nearly as often  
678 (Wolfe 1993; Levin and Brack 1995). Regarding leaf traits, Frey (2007) found that more  
679 heavily pigmented plants of *Claytonia virginica* had smaller leaves, but morphs did not differ  
680 in maximum photosynthetic rate or stomatal conductance. In *P. aurea*, in contrast, white

681 morphs may in fact have increased photosynthetic capacity, given that their leaves contain  
682 more chlorophyll. Nectar was also positively related to chlorophyll index, suggesting that if  
683 these plants indeed have higher photosynthetic capacity, they may be allocating the extra  
684 photosynthate in part to nectar (Southwick 1984).

685 The pleiotropic associations detected here likely involve a suite of plant traits, including  
686 many we did not measure in this study (e.g., Goplen 1992; Strauss et al. 2004; Coberly and  
687 Rausher 2008; reviewed in Strauss and Whittall 2006). For example, the production of  
688 anthocyanin in floral and vegetative tissues was correlated in four *Protea* species including *P.*  
689 *aurea* (Carlson and Holsinger 2010). This pattern is known from several other polymorphic  
690 species as well (*Ipomoea purpurea*, Schoen et al. 1984; *Clarkia unguiculata*, Bowman 1987).  
691 In some cases, pigmentation is also associated with increased plant defense or survival  
692 through stressors, likely due to direct effects of anthocyanin or shared biochemical pathways  
693 with other compounds (e.g. Koes et al. 1994, Fineblum and Rausher 1997, Warren and  
694 Mackenzie 2001, Strauss et al. 2004). Interestingly, the color differences revealed in the  
695 current study differ from those detected previously across 10 populations of four *Protea*  
696 species (Carlson and Holsinger 2010). Specifically, seed mass –but not flowers per head or  
697 SLA– differed between color morphs of four *Protea* species, in contrast to our current results.  
698 These discrepancies are in part related the earlier study’s focus on cross-species processes,  
699 which resulted in reduced sampling within sites and made it difficult to detect differences that  
700 were weak or site-specific. We now know that cross-population variation in patterns of color  
701 specificity are in fact quite likely in *P. aurea*, given its high potential for genotype by  
702 environment effects as well as genetic differentiation among populations (Prunier and  
703 Holsinger 2010; Carlson et al. 2011). The morphological differences we observed between  
704 color morphs cannot be attributed to environmental effects, however, because first,  
705 differences in *Protea* floral pigmentation and leaf traits are heritable (Rourke 1980; Vogts

706 1982; Coetzee and Littlejohn 2007; Carlson et al. 2011), second, color morphs were spatially  
707 intermixed within sites, and third, the pattern involving flower counts was consistent between  
708 sites.

709 **Color *per se* is not a target of selection, but a correlated trait is subject to**  
710 **balancing selection through negative pleiotropisms and seed predation**

711 Because floral color is so often correlated with plant traits that directly affect plant fitness,  
712 color variation may be maintained through correlational selection instead of direct selection  
713 on color *per se* (Armbruster 2002, Strauss and Whittall 2007, Rausher 2008). This appears to  
714 be the case in *P. aurea*, given that color was not significantly associated with any fitness  
715 measures, yet a trait directly associated with color –*i.e.*, the number of flowers per head– was  
716 subject to both positive selection and negative selection. Leaf chlorophyll content was also  
717 under positive directional selection via realized fecundity, and this trait was phenotypically  
718 linked to color as well. The mediation of selection on floral color via other plant traits has  
719 been demonstrated in several polymorphic species. For example, Gomez (2000) showed that  
720 white-flowered plants had larger floral displays, which resulted in higher fitness associated  
721 with pollinator preferences for larger floral displays. Coberly and Rausher (2003, 2008),  
722 found that white morphs had lower fertilization success under stressful conditions, due to a  
723 negative trait pleiotropism caused by a mutation that prevents the expression of anthocyanin  
724 and associated compounds. Generally, the underlying pleiotropisms that impart differential  
725 fitness between morphs are unknown, and there appears to be no consistent pattern across  
726 species in which morph is favored (pigmented favored: Waser and Price 1981; Burdon et al.  
727 1983; Wolfe 1993; Levin and Brack 1995; unpigmented favored: Wolfe and Sellers 1997).  
728 Within species, the favored morph may depend on the environmental context (Schemske and  
729 Bierzychudek 2001, Warren and Mackenzie 2001).

730 Pollinator behavior was not related to any of our maternal fitness measures, rendering  
731 unlikely a straightforward role for pollinator mediated selection in *Protea* color

732 polymorphisms. This aligns with our initial conclusion that avian pollinators were not key  
733 selection agents on *Protea* color polymorphisms, based on equivalent levels of pollinator  
734 limitation on seed output in pink and white morphs (Carlson and Holsinger 2010). Although  
735 pollinator visit durations varied between color morphs in *P. aurea*, pollinator behavior had no  
736 detectable effects on long-term maternal fecundity. Male fecundity is also unlikely to differ  
737 between color morphs as a result of observed biases, because discrimination was only  
738 significant in immature flowerheads. Despite few clear indications so far that pollinators are  
739 directly involved in maintaining *Protea* color polymorphisms, our data is still quite limited.  
740 For example, pollinator observations from one season per site may poorly represent their  
741 responses over multiple seasons, or more importantly, over the lifetime of a plant.  
742 Furthermore, the striking, but non-significant time-bias towards white morphs during the  
743 male phase at Garcia's Pass hints at the possibility of higher male fecundity for white  
744 morphs, assuming a positive relationship between visit length and pollen donation (e.g. Jones  
745 and Reithel 2001). Until the strength of pollinator color biases and their consequences to  
746 lifetime male and female fecundity are better understood, pollinator-mediated selection  
747 cannot be ruled out entirely. Even so, we predict that their contribution should be small at  
748 most, particularly relative to that of seed predators and within-site performance differences.

## 749 **Conclusions**

750 Taken together, our analyses suggest that color polymorphisms in *Protea aurea* populations  
751 are promoted by tight, likely pleiotropic, associations between color and key traits affecting  
752 seed predation and long-term plant fecundity, namely, the number of flowers per head and  
753 leaf chlorophyll content. In congruence with our previous findings on *Protea*, the focal  
754 selection pressures acting on these plants include seed predators, which indirectly favor pink  
755 morphs, and on-site reproductive differences, which indirectly favor white morphs. These  
756 findings provide a unique and detailed view into how *Protea* polymorphisms may be



757 maintained on the local level, and they support a growing body of literature that finds non-  
758 pollinating agents and pleiotropic effects to be more important are pollinators in floral color  
759 polymorphism maintenance (Schemske and Bierzychudek 2001; Armbruster 2002; Irwin et  
760 al. 2003; Strauss and Whittall 2006; Rausher 2008).

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## Figure legends

**Fig. 1** Nectar volumes of *Protea aurea* from two sites, measured in (a) whole flowerheads after two and four days of accumulation and (b) individual flowers after a 6-h replenishment period from 10 AM to 4 PM each day (Marloth only). Significant main and interaction effects are denoted with \* for  $p < 0.05$  and \*\* for  $p < 0.005$

**Fig. 2** Time spent feeding (a,b) and hourly visit rate (c,d) on pink or white color morphs of *Protea aurea* in Garcia's Pass and Marloth, based on per-plant (a,c) and per-flowerhead (b,d) analyses. For per-plant comparisons, the time spent per head was averaged across all heads visited, and visit rate was the number of times per hour at least one head was visited prior to departure. For per-flowerhead comparisons, rates and durations were averaged across all same-age flowerheads visited on a plant per day. Bars are raw means  $\pm 1$ SE. Letters in (b) represent significant differences from Tukey-adjusted contrasts. Significant main and interaction effects are denoted with \* for  $p < 0.05$  and \*\* for  $p < 0.005$

**Fig 3** Significant coefficients from a path analysis that examines whether color is directly or indirectly associated with nectar, pollinators, seed predators, or plant fitness in two populations of *P. aurea*. Although both panels are from a single model, (a) illustrates the effects of color and plant traits on pollinators, nectar and seed predators, and (b) illustrates the effects of plant traits and biotic interactions on seed mass and fecundity measures (i.e., selection gradients). Coefficients for the binary factors site and color are not shown because they are on a different scale. The highlighted path arrows depict routes by which selection could favor each color morph indirectly, based on the significant relationship between color and flowers per head. The asterisks indicate relationships that were only significant in the trimmed nectar plants dataset

## Tables

**Table 1.** Frequency and duration of avian visits to individual flowerheads of *Protea aurea* subsp. *aurea* in two sites in the Langeberg Mountains, Western Cape, South Africa. Two plants (pink and white) were video-recorded for 3+ hours per day in April-May 2010 (Marloth) or 2011 (Garcia's Pass).

Pollinator type	Garcia's Pass		Marloth	
	Percent of visits	Mean visit duration (sec.)	Percent of visits	Mean visit duration (sec.)
Cape Sugarbird ( <i>Promerops cafer</i> )	12.5%	48.9	15.0%	35.3
Sunbird species <sup>1</sup>	80.5%	44.3	75.0%	43.4
Cape White-eye ( <i>Zosterops virens</i> subsp. <i>capensis</i> )	7.0%	1.0	8.2%	22.0
Cape Weaver ( <i>Ploceus capensis</i> )	-	-	1.8%	26.8

<sup>1</sup> Orange-breasted (*Anthobaphes violacea*), Greater Doublecollar (*Cinnyris afer*), Lesser Doublecollar (*Cinnyris chalybeus*), Malachite (*Nectarinia famosa*), and Amethyst (*Chalcomitra amethystina* subsp. *amethystina*)

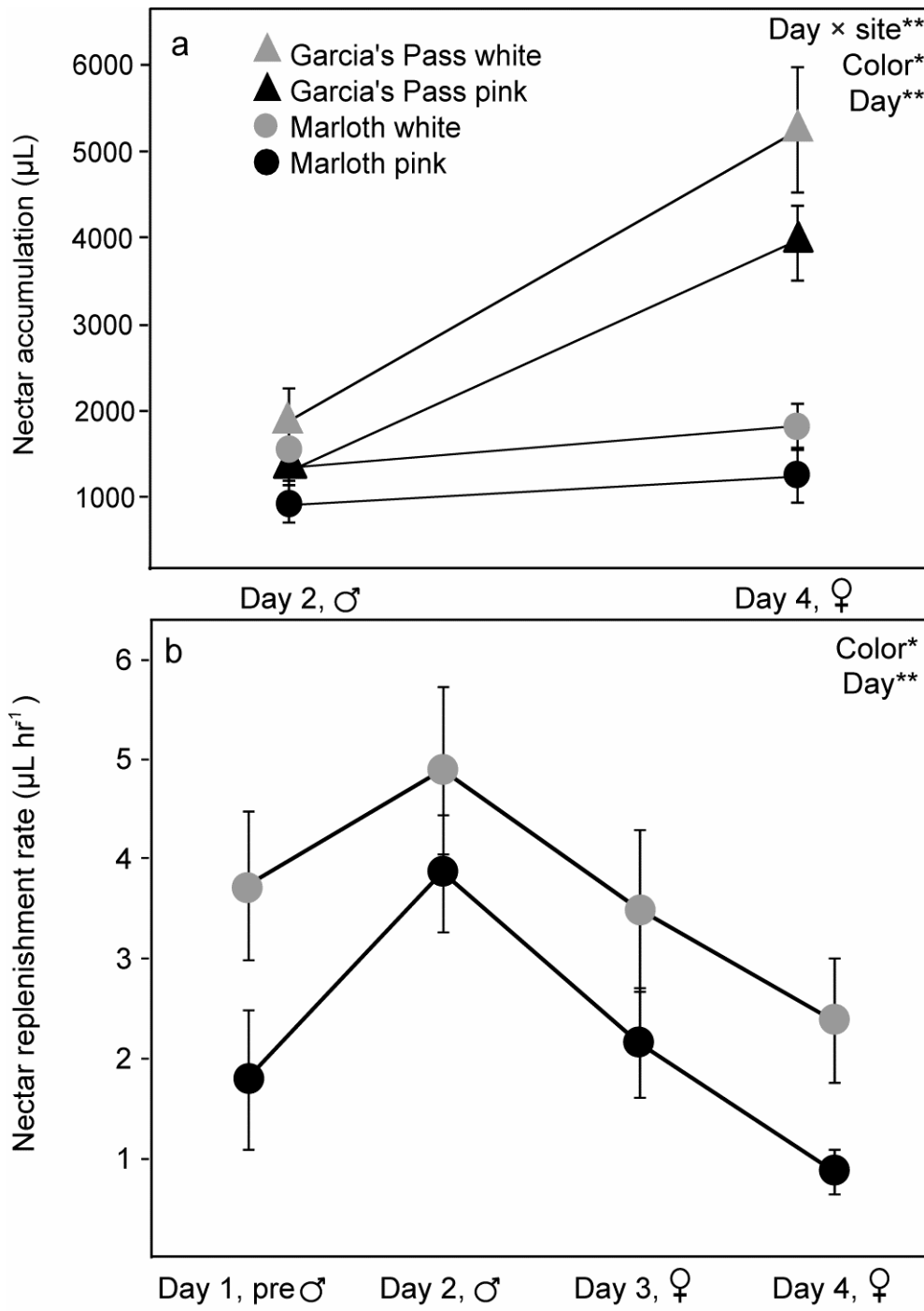
**Table 2.** Results of repeated measures mixed and generalized linear mixed models of pollinator visit counts and visit durations to *Protea aurea* in two sites (see also Fig. 2). Plants were recorded for 1.5-2 h twice per day, starting at ~9 AM and 2 PM. Pollinator responses were measured at both per-plant and per-flowerhead levels. For per-flowerhead analyses, flowerhead age (1, 2 or 3-4 days old) was a fixed effect, but AM or PM was random because over half of flowerheads received  $\leq 1$  visit per day. For per-plant analyses, each bird arrival/departure was counted as only one visit, and visit duration was averaged across all visited flowerheads. Statistically significant effects are bolded.

	Effect	Number of visit (offset by hours of video)			Visit duration per flowerhead (sec)		
		ndf, ddf	F-value	p-value	ndf, ddf	F-value	p-value
Per-plant	Color	1,34	0.42	0.52	<b>1,69</b>	<b>5.72</b>	<b>0.02</b>
	AM or PM	1,81	0.05	0.83	<b>1,70</b>	<b>8.15</b>	<b>0.006</b>
	Site	<b>1,38</b>	<b>12.6</b>	<b>0.001</b>	1,30	2.65	0.11
	Color $\times$ AM or PM	1,81	0.04	0.85	1,69	0.03	0.86
	Color $\times$ Site	1,34	1.40	0.25	1,69	0.62	0.43
	AM or PM $\times$ Site	1,81	0.73	0.39	1,70	2.25	0.14
	Color $\times$ Site $\times$ AM or PM	1,81	1.52	0.22	1,69	0.12	0.74
Per-flowerhead	Color	1,40	0.81	0.37	1,3	0.00	0.96
	Age	<b>2,287</b>	<b>12.11</b>	<b>&lt;0.0001</b>	<b>2,158</b>	<b>5.27</b>	<b>0.006</b>
	Site	<b>1,65</b>	<b>4.14</b>	<b>0.046</b>	1,49	0.49	0.49
	Color $\times$ Age	2,274	0.04	0.96	2,160	1.74	0.18
	Color $\times$ Site	1,40	2.21	0.14	1,162	0.61	0.44
	Age $\times$ Site	2,287	0.46	0.63	1,158	2.23	0.11
	Color $\times$ Site $\times$ Age	2,274	0.62	0.54	<b>2,161</b>	<b>3.64</b>	<b>0.03</b>

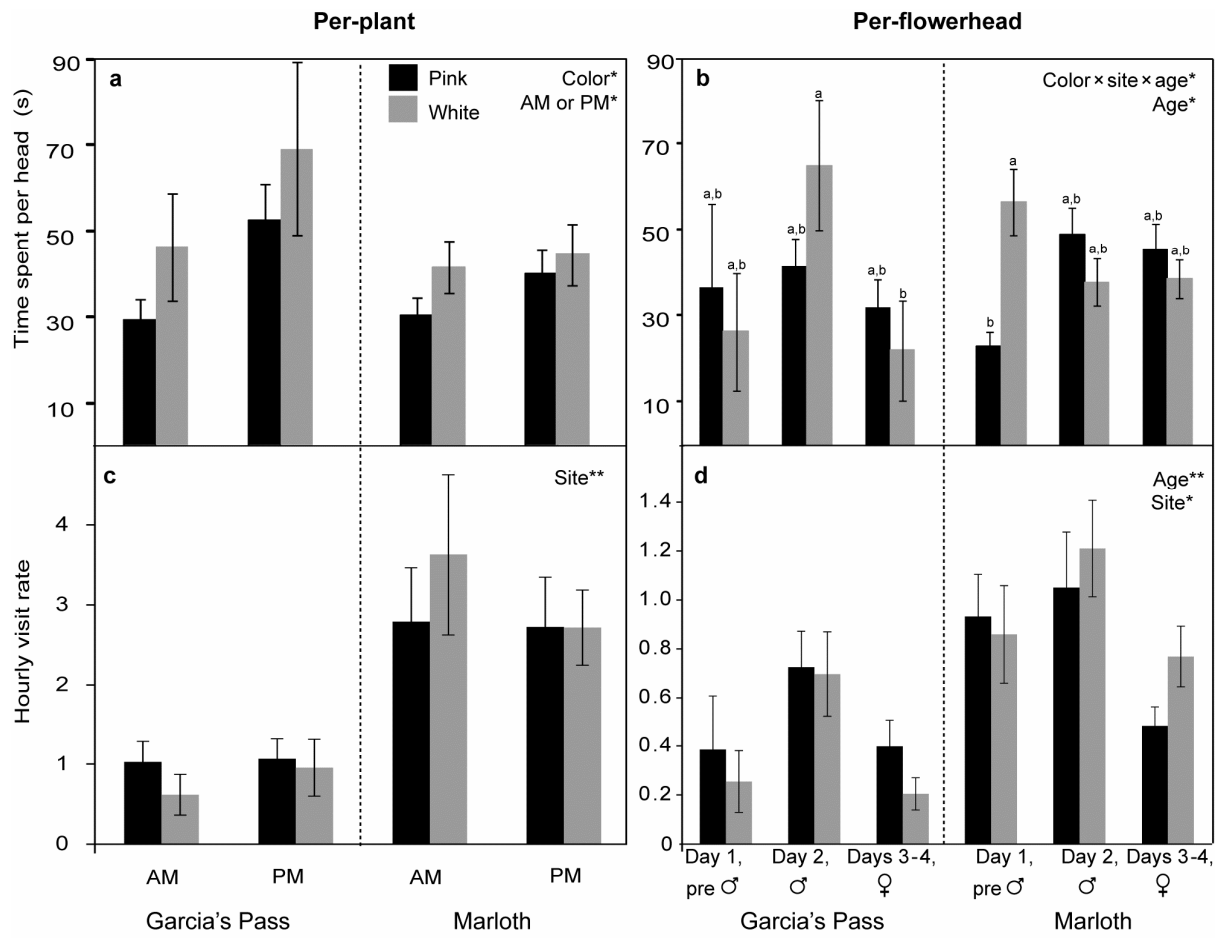


**Table 3.** (a) Results of mixed and generalized linear mixed models of the per-seedhead probability of infestation and degree of damage on 92 *Protea aurea* plants total across two sites (Marloth=43, Garcia's Pass=49). Statistically significant effects are bolded. (b) Per-site means are back-transformed LSMEANS  $\pm$  SE.

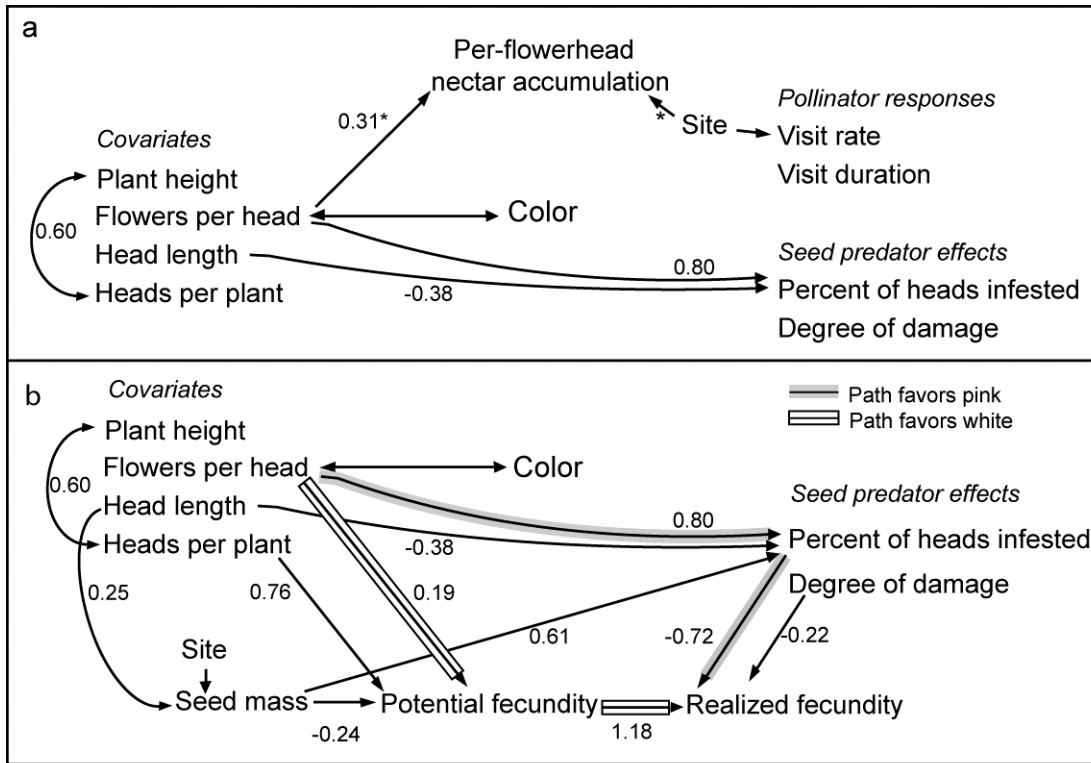
a				
Response	Effect	ndf, ddf	F-value	p-value
Probability of Infestation	Color	1,205	0.26	0.61
	Site	1,205	0.09	0.76
	Color $\times$ Site	1,205	0.29	0.59
Seed count	Color	1,80	1.04	0.31
	Infestation (y/n)	<b>1,250</b>	<b>38.7</b>	<b>&lt;0.0001</b>
	Site	1,79	2.70	0.10
	Color $\times$ Infestation	1,250	0.88	0.35
	Color $\times$ Site	1,78	2.82	0.10
	Infestation $\times$ Site	1,250	1.34	0.25
	Color $\times$ Site $\times$ Infestation	1,250	0.65	0.42
	<b>Flowers per head</b>	<b>1,178</b>	<b>13.41</b>	<b>0.0003</b>
b				
Mean $\pm$ SE	Marloth	Garcia's Pass		
Probability of infestation	51 $\pm$ 6	49 $\pm$ 6		
Seeds per head, infested	2.8 $\pm$ 0.5	2.1 $\pm$ 0.4		
Seed per head, uninfested	7.5 $\pm$ 1.2	4.0 $\pm$ 0.7		



**Fig. 1**



**Fig. 2**



**Fig. 3**